



MID CITIES
Women's
Clinic



MEDICAL INFORMATION & OB/GYN LIST

Applying for Medicaid
OB/GYN Doctors in the area
Miscarriage & Ectopic Precautions
When to go to the Emergency Room

HOW TO APPLY FOR MEDICAID

Apply online at www.yourtexasbenefits.com, you may also contact 211 or 817-541-7905 and staff can assist you Monday through Friday 8am to 6 pm



THINGS TO CONSIDER FOR YOUR 1ST PRENATAL APPOINTMENT





Bring your current prenatal vitamins to your 1st appointment. Your doctor will assess if you need anything more.

Bring any current vaccine and/or medical records you may have to your first visit.

It is important for you to schedule an appointment as soon as you have your temporary Medicaid ID number. (Even if you don't have your card yet)

It usually takes 4-6 weeks to receive your medicaid card in the mail.

COMPLETE THE APPLICATION

-  Take a picture of the Report of Pregnancy Form & upload to application
-  Upload the following additional documents:
 - 1.) Previous income tax form
 - 2.) Government approved identification
 - 3.) Proof of income
 - 4.) Proof of residency
 - 5.) Total value of cars & property
-  Look for confirmation number when application is complete. Check back on the status of the application until it says: APPROVED. (may take a few days)
-  Call the Medicaid office once you have APPROVED status. Ask for your temporary ID number so you can start prenatal care with a doctor.

OB/GYN DOCTORS IN THE AREA

TARRANT COUNTY

JPS Health Center for Women:
1201 S. Main Street
Ft. Worth, TX.
(817)-920-6500

First appointment at main location, after that they will reassign you to a closer clinic

Women's Health Services
OB/GYN
Multiple Locations
(817)-277-9415

Omega OB/GYN Associates
Multiple Locations
(817)-472-2365

Dr. Beatrice Kutzler:
Multiple Locations.
(817)-923-0088

Dr. Ralph Weigman:
643 S. Great SW Parkway
Grand Prairie, TX
(972)-647-0994

DALLAS COUNTY

Parkland Prenatal Clinics: to find a clinic that's closest to you go to <https://www.parklandhospital.com/women-health-locations>.

HOSPITALS TO GO TO WITH MEDICAID

TARRANT COUNTY

JPS Hospital (Medical Emergencies) :
1500 S. Main St. Ft. Worth, TX 76104

JPS OB Triage (Pregnancy Emergencies) :
2nd Floor of JPS Hospital



DALLAS COUNTY

Pregnancies under 20 weeks: Parkland OB/Gyn
Emergency Services 1st floor of
New Parkland Hospital. 5200 Harry Hines Blvd.
Dallas, TX 75235 (469)-419-0560

Pregnancies over 20 weeks: Parkland Hospital
Labor & Delivery Triage 3rd floor of New
Parkland Hospital. 5200 Harry Hines Blvd.
Dallas, TX 75235 (469)-419-2755

MISCARRIAGE & ECTOPIC PRECAUTIONS

GO TO THE ER FOR:

A Miscarriage is the loss of an unborn baby before 20 weeks.

An Ectopic Pregnancy (tubal pregnancy) is a pregnancy that is not within the uterus.

Symptoms of Miscarriage or Ectopic pregnancy may include:

Heavy bleeding.

Cramping pain in your pelvis, lower back, or lower abdomen.

Pain that occurs on one side of your abdomen.

A gush of warm fluid or passage of tissue from your vagina.

Lightheadedness, dizziness, or blackouts.

Abnormally low blood pressure.

If you suspect you are having a miscarriage or an ectopic pregnancy, call your doctor immediately. If you do not have a doctor yet, go directly to the nearest Emergency Room.

Vaginal bleeding (enough to fill a pad in 24 hrs)

Abdominal Cramping (pain level 6 or greater)

Temperature of 100.4 or greater

Unable to keep down clear liquids for 24 hours

Repeated tightening of the uterus, getting longer, stronger & closer together

Fluid from the vagina that isn't urine or normal pregnancy discharge

Severe sore throat

Headache so severe you can't do your normal daily activities

Sudden & severe swelling of the face and/or hands

28 weeks or greater and have not felt 10 or more movements by the baby in 24 hours



WHEN IN DOUBT GO TO THE NEAREST ER!

*Ask us about our direct referral
program with MacArthur OBGYN*

Dr. Elia Fanous

Dr. Peter Sakovich

Dr. Richard Wagner

Dr. Jeffrey Wang

*Multiple offices within Tarrant
& Dallas County*

972-256-3700

FIND US AND LET'S CONNECT



817-577-4387



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@midcitieswomensclinic



www.mcwomensclinic.com



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