



MID CITIES  
Women's  
Clinic



# MEDICAL INFORMATION & OB/GYN LIST

Applying for Medicaid  
OB/GYN Doctors in the area  
Miscarriage & Ectopic Precautions  
When to go to the Emergency Room

# HOW TO APPLY FOR MEDICAID

Apply online at [www.yourtexasbenefits.com](http://www.yourtexasbenefits.com), you may also contact 211 or 817-541-7905 and staff can assist you Monday through Friday 8am to 6 pm



## THINGS TO CONSIDER FOR YOUR 1ST PRENATAL APPOINTMENT

Bring your current prenatal vitamins to your 1st appointment. Your doctor will assess if you need anything more.

Bring any current vaccine and/or medical records you may have to your first visit.

*It is important for you to schedule an appointment as soon as you have your temporary Medicaid ID number. (Even if you don't have your card yet)*

*It usually takes 4-6 weeks to receive your medicaid card in the mail.*

## COMPLETE THE APPLICATION



Take a picture of the Report of Pregnancy Form & upload to application



Upload the following additional documents:

- 1.) Previous income tax form
- 2.) Government approved identification
- 3.) Proof of income
- 4.) Proof of residency
- 5.) Total value of cars & property



Look for confirmation number when application is complete. Check back on the status of the application until it says: APPROVED. (may take a few days)



Call the Medicaid office once you have APPROVED status. Ask for your temporary ID number so you can start prenatal care with a doctor.

## OB/GYN DOCTORS IN THE AREA

### TARRANT COUNTY

JPS Health Center for Women:

1201 S. Main Street

Ft. Worth, TX

(817) 920-6500

\*First appointment at main location, after that they will reassign you to a closer clinic\*

Northside Community Health Center:

Dr. Forbes

(817) 625-4254

Southeast Community Health Center:

Dr. Rubco

(817) 625-4254

Texas Women's Health Care:

Dr. O'toole

Dr. Bhaidani

(817) 750-1310

Whole Life Authentic Care:

Dr. Obst

(817) 838-5433

Texas Health Care:

Dr. Kutzler

Dr. Zwernemann

(972) 923-0088

# HOSPITALS TO GO TO

## TARRANT COUNTY

JPS Hospital (Medical Emergencies)  
1500 S. Main St. Ft. Worth, TX 76104

JPS OB Triage (Pregnancy Emergencies)  
2nd Floor of JPS Hospital

## WISE/DENTON COUNTY

Medical City/Wise Regional Health System  
609 Medical Center Dr., Decatur, TX 76234

Texas Health Presbyterian  
3000 North I-35, Denton, TX 76201

## DALLAS COUNTY

Pregnancies under 20 weeks: Parkland OB/Gyn  
Emergency Services 1st floor of  
New Parkland Hospital. 5200 Harry Hines Blvd.  
Dallas, TX 75235 (469)-419-0560

Pregnancies over 20 weeks: Parkland Hospital  
Labor & Delivery Triage 3rd floor of New  
Parkland Hospital. 5200 Harry Hines Blvd.  
Dallas, TX 75235 (469)-419-2755

## MISCARRIAGE & ECTOPIC PRECAUTIONS

A Miscarriage is the loss of an unborn baby before 20 weeks.

An Ectopic Pregnancy (tubal pregnancy) is a pregnancy that is not within the uterus.

### Symptoms of Miscarriage or Ectopic pregnancy may include:

Heavy bleeding.

Cramping pain in your pelvis, lower back, or lower abdomen.

Pain that occurs on one side of your abdomen.

A gush of warm fluid or passage of tissue from your vagina.

Lightheadedness, dizziness, or blackouts.

Abnormally low blood pressure.

**If you suspect you are having a miscarriage or an ectopic pregnancy, call your doctor immediately. If you do not have a doctor yet, go directly to the nearest Emergency Room.**



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## GO TO THE ER FOR:

Vaginal bleeding (enough to fill a pad in 24 hrs)

Abdominal Cramping (pain level 6 or greater)

Temperature of 100.4 or greater

Unable to keep down clear liquids for 24 hours

Repeated tightening of the uterus, getting longer, stronger & closer together

Fluid from the vagina that isn't urine or normal pregnancy discharge

Severe sore throat

Headache so severe you can't do your normal daily activities

Sudden & severe swelling of the face and/or hands

28 weeks or greater and have not felt 10 or more movements by the baby in 24 hours



**WHEN IN DOUBT GO TO THE NEAREST ER!**

*Ask us about our direct referral  
program with MacArthur OBGYN*

*Dr. Elia Fanous*

*Dr. Peter Sakovich*

*Dr. Jeffrey Wang*

*Multiple offices within Tarrant  
& Dallas County*

**972-256-3700**

## **FIND US AND LET'S CONNECT**



**817-577-4387**



**@mcwomensclinic**



**@midcitieswomensclinic**



**[www.mcwomensclinic.com](http://www.mcwomensclinic.com)**



**Eules location:  
201 Westpark Way  
Eules, TX 76040**

**Haslet location:  
474 FM 156 S  
Haslet, TX 76052**